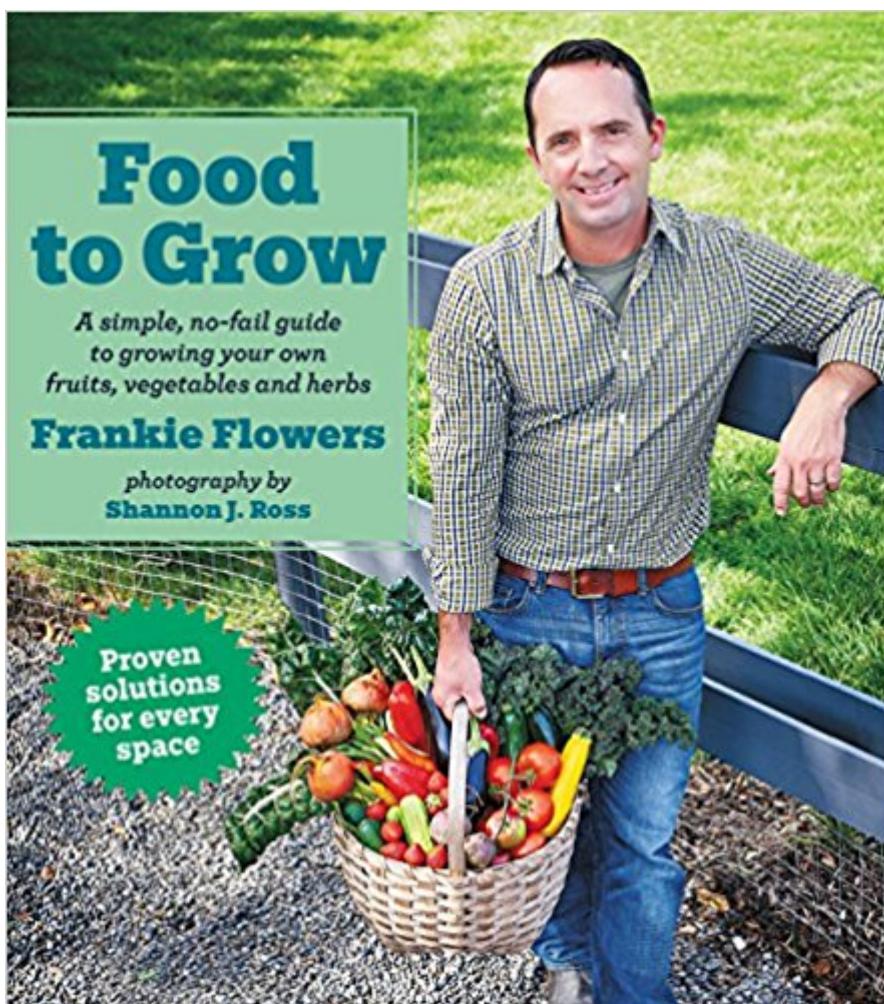


The book was found

Food To Grow: A Simple, No-fail Guide To Growing Your Own Vegetables, Fruits And Herbs



Synopsis

From Canadaâ™s #1 garden team, a guide that makes growing your own fruits, vegetables and herbs simple, bountiful and funNothing beats the taste and smell of a tomato freshly picked from your own garden. And thereâ™s a certain pride in knowing that the salad you just servedâ™ fresh strawberries and allâ™ was harvested entirely from your backyard. But growing your own fruits, vegetables and herbs can be time-consuming and feel overwhelmingly complicated. Your eagerness to get growing in the spring can be rained out by seemingly endless seedlings and seed packs at your garden centre, all with cryptic planting instructions that leave you with withered plants rather than crunchy carrots. But it doesnâ™t need to be that way! Frankie Flowers has decades of experience helping thumbs of all colours turn barren patches and empty pots into bountiful harvestsâ™ and he can help you do the same.Food to Grow simplifies every growing decision youâ™ll need to make. Frankie helps you evaluate your space, decide just how much time you want to invest and then make the smartest choices about which plants will give you the best bang for your buck. He guides you through the entire growing season from prepping and planning, to planting, weeding and harvesting (the best part!), and he shares not just which veggies, fruits and herbs have become Frankieâ™s Favourites, but also which plants just arenâ™t worth the effort.Loaded with gorgeous photography that will have you desperate to get digging, Food to Grow includes a detailed Aâ™Z index of over fifty of Canadaâ™s most popular home crops. Whether you have space for a few pots or a back forty, Frankie Flowers will help you make your dream of home-grown treats a fun and tasty reality.

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Customer Reviews

From Canadaâ™s #1 garden team, a guide that makes growing your own simple, bountiful, and funNothing beats a tomato freshly picked from your own garden. And thereâ™s a certain pride in enjoying a salad with just-picked strawberries that was harvested entirely from your backyard. But growing your own fruits, vegetables, and herbs can be time-consuming and feel overwhelmingly complicated. Your eagerness to get growing can easily be rained out by endless seedlings and seed packs, all accompanied by cryptic planting instructions that leave you with withered plants rather than crunchy carrots. But it doesnâ™t need to be that way! Frankie Flowers has decades of experience helping thumbs of all colours turn barren patches and empty pots into bountiful harvestsâ™ and he can help you do the same. Food to Grow simplifies every growing decision youâ™ll need to make. Frankie helps you figure out how much time you can invest and which plants will give you the best bang for your buck in the space you haveâ™ whether it be a full plot or a few containers. He guides you through the entire growing season, from prepping and planning to planting, weeding, and harvesting (the best part!). He shares not just which veggies, fruits, and herbs have become Frankieâ™s Favourites, but also which plants just arenâ™t worth the effort. And he demystifies exactly how many plants you need for each eater in your familyâ™ no more bushels of leftover zucchini!Loaded with gorgeous photography that will have you desperate to get digging, Food to Grow includes a detailed A to Z index of over fifty of Canadaâ™s most popular home crops. Whether you have space for a few pots or a back forty, Frankie Flowers will help you make your dream of home-grown treats a fun and tasty reality.

FRANK FERRAGINE reaches over one million Canadians each week as the gardening expert and weather specialist for BT Toronto, CityLine and City TV News, and he also writes for the Toronto Sun, Chatelaine and Todayâ™s Parent. His family business, Bradford Greenhouses, is one of Canadaâ™s largest combined greenhouse/garden businesses. He lives with his family in Bradford, Ontario. He is Canadaâ™s most followed garden expert online.SHANNON J. ROSS is the photographer behind Food to Grow and is a regular contributor to Canadian lifestyle magazines. After graduating from McGill University, he opened Shannon Ross Photography in 1999 and since then has photographed for a wide range of editorial, advertising and corporate clients. Shannon lives with his wife and their two cats in Toronto, Ontario.

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